



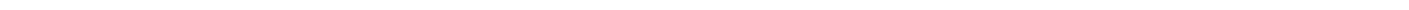
THE EDMUNDSONIAN

A Jennie Edmundson Auxiliary Publication

**There's nothing stronger than the
heart of a volunteer.**

James H. Doolittle

Newsletter - Fall 2025





CONTENTS

President's Message

By Roger Williams

To all my dear friends who volunteer at our beloved Methodist Jennie Edmondson Hospital,

We have had a full and successful year as volunteers supporting the hospital mission. In that regard, I am writing to all of you to, of course, thank you deeply for all that you do in your volunteer role, but also to strongly encourage you to take an active part in the current year-end fundraising campaign to support the new Historical Wall and display case. Giving your time is already a great gift, but adding financial support to that mix is a tremendous bonus. Please consider becoming a participant in this critical effort and continue having a most rewarding year in your volunteer efforts.

On behalf of the Executive Committee, I want to take a moment to wish you and your family a joyous holiday season.

Thank you all so very much,

PAGE 1 Announcements

PAGE 2 History and Heros

PAGE 3 Upcoming Events

PAGE 4 Celebrating Volunteers

PAGE 6 Leading the Way

PAGE 8 Past Events Recap

PAGE 9 Winter Safety Tips

Announcements

Year End Volunteer Campaign

Each year we give our volunteers the opportunity to support an initiative important to the health of our community or an impactful internal campaign. We thank the generosity of donors like you.

We invite you to be a part of this year's mission, a Historical Wall that will depict a timeline of historic dates and milestones of Jennie Edmundson Hospital. The wall will be permanently displayed near the outpatient surgery waiting room and gift shop and will include a tv that will scroll nursing school graduation photos, display cases for school of nursing uniforms, and historic artifacts. Display cases and tv will be located in the alcove behind the rear giftshop wall near the chapel.

Be watching for a letter with more information, sent to all volunteers.

See more information on page 2.

Holiday Schedule

Volunteer stations will be closed on the following holiday dates:

- Thanksgiving Day, Thursday, November 27th
- Christmas Day, Thursday, December 25th
- New Year's Day, Thursday, January 1st



Vickie Klahr has graciously volunteered to open the Gift Shop on these three holidays hours will be 10:00 am - 6:00 pm.

New Physician at Jennie Edmundson



Ann Narmi, MD

Specialty: Cardiology
Office Location: MPC Council
Bluffs Cardiology
Phone: (712) 396-7787



We welcome suggestions on ways to improve, services to add, Edmundsonian story ideas, photos to share, etc.

Contact: Volunteer Services at 712-396-6040 or email samantha.fragoso@nmhs.org

Our History, Our Heros

Honoring Our History and Those Who Support It

A New Historical Wall Honors Our Legacy



L-R name, name, name, name

A dedicated team of volunteers has been hard at work bringing our rich history to life. Nurse alumni members Theresa Hack and Diane Hughes have poured their heart and soul into collecting, sorting, organizing, and verifying the mounds of information about the “Faith Band” which later became known as the Women’s Christian Association (WCA). Theresa and Diane soon realized the story of these pioneering women, who leased a five-room house known as the “Cottage Hospital” and later started the Nurse’s Training Program in the 1880's, needed to be shared.

The team added Sandy Westphal and JoAnn Jensen and, together, they carefully reviewed historic photographs, documents, and artifacts to determine what best tells the story of our beginning, our service to the community, our growth, and the bright future of JEH. Their efforts will soon take shape as a new Historical Wall, complete with display cases, will offer staff, patients, and visitors an inspiring window into the legacy we continue to build.



This project stands as a testament to the dedication of our JE School of Nursing Alumni—and to the generations who have shaped our mission.

Here’s a sneak-peek mock-up! The final design may look a bit different once completed.

Generosity Recognized



Recently, the donor recognition wall was expanded and updated to include a photo of JD Edmondson and a short story outlining his contribution to the hospital and philanthropic philosophy.

We are tremendously grateful to have the support of both our Jennie Family and community members who help save and improve the lives of our patients through their generous donations. We express this gratitude and recognize the contribution of these donations on our donor wall located on the first floor just outside the gift shop.



While the beautiful recognition wall design provides a permanent tribute to major gift donors, it also allows us to offer acknowledgment of cumulative gifts of all those who generously support the hospital in a variety of ways. The wall bears the names of those who have made one time or cumulative gifts of \$5,000 or more.

Upcoming Events

Holiday Buffet

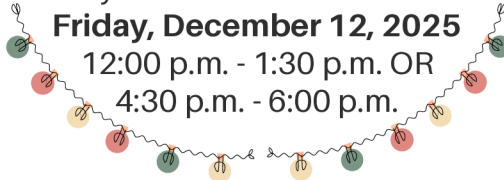


Please join us in celebration of the Holiday Season at either of the Methodist Jennie Edmundson Hospital Holiday Buffets located in the JEH Cafeteria.

Friday, December 12, 2025

12:00 p.m. - 1:30 p.m. OR

4:30 p.m. - 6:00 p.m.



Dance to the Beat

Live Music, Dancing, Appetizers, Raffle, Silent Auction

Date: February 27, 2026

Time: 7:00 p.m. - 11:00 p.m.

Band: The Personics

Price: TBD

Location:

MidAmerica Center

1 Arena Way

Council Bluffs, IA



Purchase a ticket online at jehfoundation.org
or call 712-396-6040

Dance to the Beat is a fundraiser to support underinsured and uninsured cardiovascular patients at Methodist Jennie Edmundson Hospital



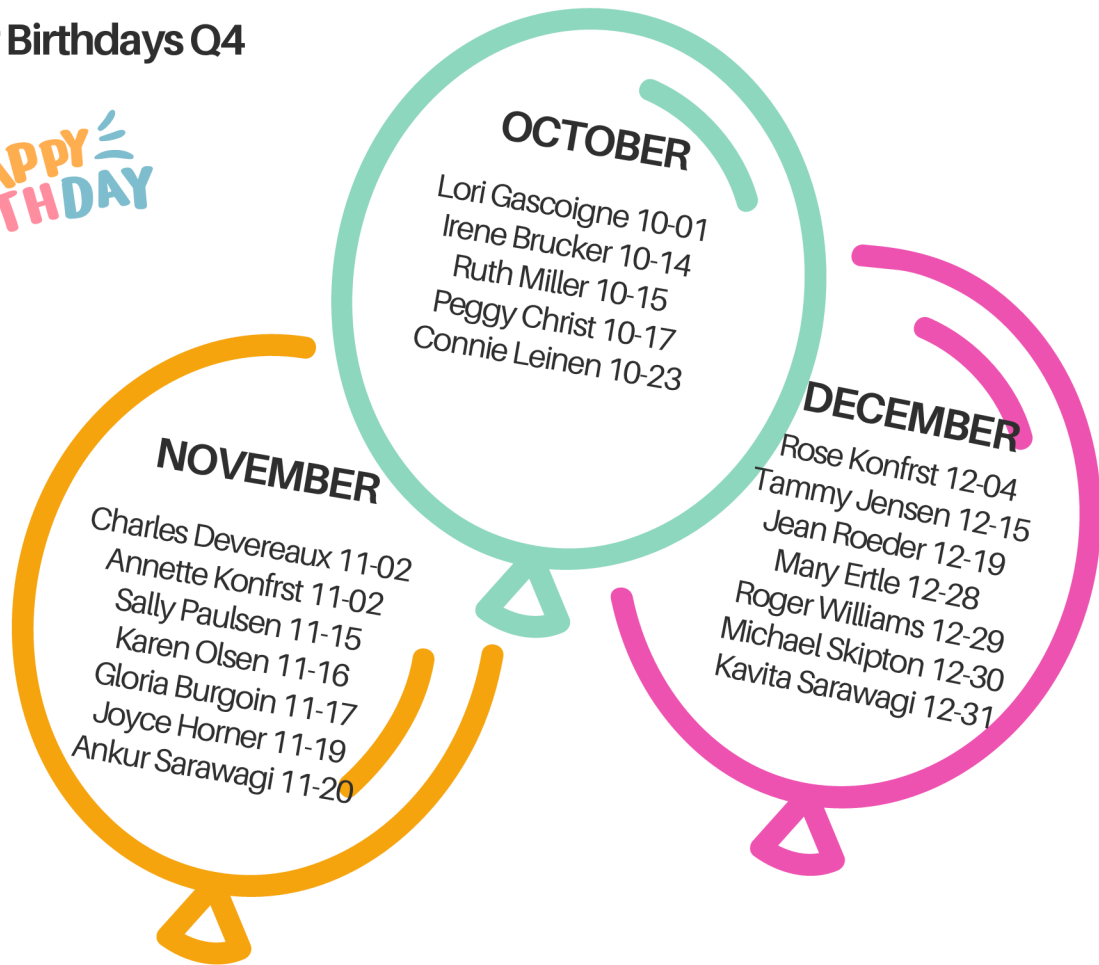
Save the Date for Q1 2026 events

Dance to the Beat Feb. 27, 2026 - Mid America Center

Celebrating Volunteers

Volunteer Birthdays Q4

HAPPY BIRTHDAY



Volunteer Retirement



Sherry Fauble turned in her blue volunteer smock at the end of October 2025. Sherry has been an active volunteer at Jennie Edmundson Hospital since May 2013 and served in many capacities during that time. Her main duty was in the Outpatient Services Department and a member of the Executive Committee as V-President, Patient Services. Sherry cheerfully volunteered at many events such as Spirit of Courage, Pink Out, selling shirts, cancer screenings and much more. Thank you for your service, Sherry, you will be greatly missed!

Vacant Executive Committee Position

IMPORTANT

With the Sherry Fauble's retirement from volunteering her position on the Executive Committee is now vacant. Sherry currently serves as VP Patient Services which reports on OPS and Oncology volunteering. Please contact Sam if you are interested in finding out more about this leadership opportunity.

samantha.fragoso@nmhs.org or 712-396-6040

Celebrating Volunteers

New Volunteers Q4



Jenni Mayberry
Gift Shop



Damon Lefever
Gift Shop



Leslie Binau
West Lobby, OPS



Jeff Kreger
Gift Shop



Kathy Nelson
Gift Shop

Volunteers of the Month - Q4



October
Beth Haley

One of her most memorable shifts came about one evening when a customer came in and started her Christmas shopping for her big family and ended up in a 3-hour shopping spree spending almost \$2,200!



November
Mindy Miller

Mindy was born at JEH, worked at JEH and now volunteers at JEH. One could say that Mindy has been at JEH all her life. She loves talking to customers without feeling like she has to get "back to work" - making customers feel welcome IS the work!



December
Jo Peters

Almost every time she volunteers she runs into somebody she knows. "It feels good to know that I can be that calm, reassuring face to offer assistance to friends and strangers when they walk through the doors".

Leading the Way

Your Auxiliary Executive Committee

During New Member Orientation, we highlight that one of the meaningful benefits of volunteering is the opportunity to grow as a leader. But what does that actually look like in practice?

The Auxiliary is guided by a dedicated governing body made up of six officers: President, President-Elect, Vice President-Fundraising, Vice President-Administration, Vice President-Front Line Services, and Vice President-Patient Services. Each officer is elected to a two-year term and plays a vital role in supporting the success of our programs, services, and volunteers.

Our current Executive Committee has graciously agreed to extend their service for an additional year, ensuring continuity and stability as we prepare for the next election cycle. In the coming months, we will begin seeking volunteers who are interested in stepping into these leadership roles.

Below you will find each position along with a brief description of its responsibilities. If you've ever considered contributing your talents in a new way, we encourage you to learn more—your leadership could make a meaningful difference!



Executive Committee passing out treats during Hospital Week:
L-R Marcia O'Connor, Sherry Fauble, Erick Alverio, Carolyn Schmidt, Connie Booton
(Not pictured - Roger Williams)

Leading the Way

Continued

PRESIDENT:

Preside at all Auxiliary meetings. Involved in Holiday Brunch, Memorials, Annual Campaign, new volunteer liaison.

PRES-ELECT / PUBLIC RELATIONS:

Perform all Public Relations duties for the organization and exercise all powers of the President in the absence of the President. Involved in Edmundsonian, National Volunteer Week, Summer Picnic, volunteer appreciation and marketing.

VP - FUNDRAISING:

In charge of the fundraising activities of the organization - Reports on the Gift Shop, Pharmacy Annex and Spirit of Courage Weekend.

VP - ADMIN:

In charge of administrative activities of the organization and reports on office projects.

VP - FRONT LINE SERVICES:

In charge of the frontline information programs of the Auxiliary. Reports on the West Lobby and East Lobby.

VP - PATIENT SERVICES:

In charge of services for our patients and reports on Outpatient Services and Oncology.



Your current Executive Committee:

PRESIDENT: Roger Williams

PRES-ELECT / PUBLIC RELATIONS: Carolyn Schmidt

VP - FUNDRAISING: Connie Booton

VP - ADMIN: Marcia O'Connor

VP - FRONT LINE SERVICES: Erick Alverio

VP - PATIENT SERVICES: Sherry Fauble (Now Vacant)



Top, then L-R: Roger Williams, Carolyn Schmidt, Connie Booton, Marcia O'Connor, Erick Alverio, Sherry Fauble

Past Events Recap

Pink Out



When you support Pink Out you help provide free mammograms to uninsured and underinsured women in our community. Thanks to your generosity this October, the Jennie Edmundson Foundation and Methodist Jennie Edmundson Hospital can offer early detection opportunities to everyone in our community and Southwest Iowa. Thanks to everyone who joined us this October to support the Pink Out campaign!

This year's campaign was a huge success with the sale of almost 2,900 shirts! Separate events made an impact to the Breast Cancer Awareness fundraising which included the Poker Run at Loess Hills Harley Davidson, Supersaver Fundraiser, and Keith Klan Bingo. Shirt sales and fundraising events raised over \$44,000.



Women and Newborn Five-Year Anniversary



The Women & Newborns Center celebrated its five-year anniversary of the women's services floor upgrade on November 12th, 2025. Donors were honored and treated to a mini tour. Benefactor, John Nelson chose to name the Women & Newborns Center in his late wife's, Anne, honor. It was a reflection of her lifelong compassion and commitment to helping others - a legacy that continues to inspire their family today.

The Women & Newborn Center has become the premier destination for women's health care in southwest Iowa. Since the center opened in December 2020, 3,220 babies have been born with 2024 as the highest recorded year with 715 babies.

Each year the women's sewing committee makes stockings for babies born in the month of December. The Women & Newborn Center is expecting 80 babies to be born in December.



Health & Safety Tips

Winter Safety Dangers



Frostbite

- Damage to body tissue caused by extreme cold.
- Can cause a loss of feeling and a pale appearance in the extremities.
- Your body cuts circulation to the extremities to protect the vital organs.
- Can occur in a matter of minutes

Hypothermia

- It is a potentially dangerous drop in body temperature (below 96°), caused by a prolonged exposure to the cold.
- It can cause long lasting health issues or could even result in death!
- Age (children and elderly), certain illnesses or even certain medications can make one more at risk.



If you need to provide first aid

- Get indoors as quickly as possible. Seek medical attention!
- Warm the person slowly, starting with the body core. Warming extremities first drives cold blood toward the heart and can lead to heart failure!
- Get the person into dry clothes and in extra layers. Remove any tight items.
- Drink warm liquids. Do not give alcohol, drugs, coffee or anything hot

Be Prepared Before the Storm Strikes

Home Kit:



- Flashlight and extra batteries
- Battery-powered NOAA Weather Radio/portable radio
- Extra food and water
- Extra medicine and baby items.
- First-aid supplies.
- Emergency heat source: fireplace, wood stove, space heater.
- Use properly to prevent a fire and remember to ventilate properly.
- Fire extinguisher and smoke alarm.
- Test smoke alarms once a month to ensure they work properly.

Car Kit:



- Mobile phone & charger
- Flashlight & extra batteries
- First-aid kit
- Shovel
- Tow rope
- Jumper cables
- Ice scraper & snow brush
- Blankets/sleeping bags
- Boots, mittens, warm clothes
- Tire chains/snow chains
- Flares
- Full tank of gas
- Bag of sand/cat litter
- Water/high-energy snacks





Happy Holidays!

Sara Devi

Rita

Jennifer Cody-Wickstrom

Sandy Westphal

Lynn Foster

John W. Jensen

Jh



METHODIST
JENNIE EDMUNDSON
VOLUNTEER

712-396-6040
