

Ed

2020 September Edition

The skinny / condensed Edmundsonian
A publication of the Jennie Edmundson Auxiliary

Inside this Issue:

Spirit of Courage
Volunteer Appreciation
Upcoming Dates
Healthwise
Pink Out
Flu Clinics



Volunteer Opportunities:

At this time we have about 40 volunteers who have returned to various service areas in the hospital. We have taken precautions to ensure their safety while working in the hospital. If you are growing tired of being at home and are interested in returning to volunteer, please contact Courtney at 396-6040 to discuss openings.

Spirit of Courage 2020 Another Successful Year!

by Courtney Kay, Volunteer Coordinator

COVID-19 has thrown us all for a loop, but it really tested us when it came to Spirit of Courage this year. We might have panicked just a little bit in the beginning when we realized there was no way to have an in person event for a group of our size. Many other groups in our community had already been forced to cancel their big events, and we certainly hoped ours wouldn't be added to that list.

We have had the pleasure of working with Lesley Brandt, (Dr. Tom Brandt's daughter) as "Dance to the Beat" has grown over the last few years. Lesley's firm, Planit Inc., delivers innovative ideas and solutions for meetings and event planning. We were certainly in need of some "innovative ideas." After some discussions with the team at Planit, Inc., we were assured we could pull off a virtual gala and an on-line auction and still make a big difference for our patients. We also want to give a huge shout out to long-time volunteer, Mike Mckay, who once again spent hours upon hours creating videos to promote the event as well as highlight our past 60 Spirit of Courage Recipients. These videos can be found on our Jennie Edmundson Foundation Website.

The Virtual Gala and Auction were held on Thursday evening, August 13th. We really had no idea what to expect since this was a totally new concept for us. We set a \$35,000 goal for the evening. Thanks to the support of our event sponsors, past recipients, Jennie Family and community, this year's Spirit of Courage Event raised just under \$80,000. One hundred percent of dollars raised will be donated to the Spirit of Courage Cancer Center Charitable Patient Care Fund, providing assistance to uninsured and under insured patients who need help covering expenses associated with diagnosis and treatment of cancer. This fund assists patients by paying for medications, treatments and everyday living expenses such as groceries, rent, and gas. Without this type of help, some of the more vulnerable members of our community would simply forgo treatment.

The virtual gala consisted of a 30 minute presentation on Zoom. The program included our Master of Ceremonies, Dave Webber, with remarks from Dr. Zlomke and our President and CEO, Steve Baumert. A highlight reel of past recipients was also included in the program. Over 100 attendees logged in and watched the program virtually! Following the program the online auction stayed open until 9pm where we were able to raise over \$16,000 through auction items alone!

Thank you to all of our sponsors and donors for making Spirit of Courage 2020 so successful in a year filled with uncertainty.



Upcoming Events:

September 14

Auxiliary Board Mtg - **CANCELLED**

September 16

Division Heads

Bluffs Room 9am

September 28

Free Flu Clinic for volunteers

6:30am - 7:00pm

Old Cardiac Rehab -

across from A/B elevator

September 29

Free Flu Clinic for volunteers

6:30am - 7:00pm

Old Cardiac Rehab -

across from A/B elevator

October 9

Pink Out Proclamation

Council Bluffs

October 15

Pink Out Proclamation

Glenwood

October 16

Pink Out Proclamation

Malvern

Call the office at 712-396-6040 for more information!

2020 Volunteer Appreciation

by Courtney Kay, Volunteer Coordinator

April is typically when we gather together at Ameristar to host our Annual Meeting. It's our chance to showcase the volunteer program and our many wonderful volunteers who give of their time and talents to our facility. Like every other event this year that involves the gathering of large groups, we had to cancel our April event. Our thought was to reschedule for later this year, but COVID has made us think otherwise. Though we can't get together, we would like to extend our deepest appreciation for our volunteers! We've learned a lot this year during COVID, especially how much our volunteers do, and how much they are appreciated at Jennie. We have really missed seeing our volunteers everyday and are excited to have volunteers slowly returning to the hospital setting. We hope next year we will be able to have our annual meeting once again at Ameristar and present our many volunteer awards. We would like to take this opportunity to acknowledge those volunteers earning their 2019 milestone pins this year.

Connie Booton 50, 100
Mary Burmeister 50, 100
Peggy Christ 1,500
Karen Collins 6,500
Bev DeVault 3,500
Chuck Devereaux 500
Irene Dodder 6,000
Lucille Dunlavy 14,000
Mary Ertle 1,000
Sherry Fauble 1,000
Rick Greer 8,000
Melissa Haggerty 100
Allen Hall 100
Kathy Halverson-Rigatuso 2,500
Anne Hare 1,500
Marlene Harold 50, 100
Judy Heithoff 50
Betsy Henry 5,000
Susan Holly 1,000
Tammy Jensen 50, 100
CJ Juel 50

Phil Killion 2,000
Vickie Klahr 1,000
Sadie Kunik 3,500
Eilene Lloyd 4,000
Keith Long 6,000
Sharon Manz 50
Ruth Miller 2,500
June Mitchell 4,000
Marilyn Newland 1,000
Marjorie Plagman 1,000
Dale Pukall 500
Gordon Renfeld 50, 100
Margaret Renfeld 50, 100
Charles Rohrssen 2,000
Claudia Schafer 1,500
Joetta Skipton 7,000
Crystal Smay 50
Marcia Underwood 6,000
Sandy Whittington 100
Judy Williams 500
Roger Williams 1,000

"IF YOU THINK
YOU ARE TOO
SMALL TO MAKE
A DIFFERENCE,
TRY SLEEPING
WITH A MOSQUITO."

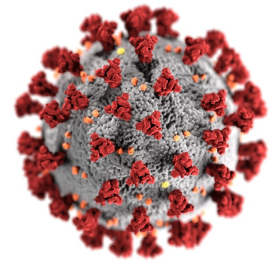
-DALAI LAMA

The Auxiliary is able to make a significant impact on the patient and family experience at Methodist Jennie Edmundson Hospital because of YOU, our amazing volunteers. But are you aware of all the programs and services that are made possible because of your service? In 2019, the Auxiliary raised over \$190,000 through Jennie's Gift Shop sales, Pharmacy Annex sales, Auxiliary Year-End Giving Campaign and funds raised through Spirit of Courage related activities. These funds were used to support the ongoing operation and maintenance of the Medi-Van transportation system. This year the gift shop donated \$60,000 towards the new Medi-Van while also funding the Charitable Patient Cancer Care Fund and providing college scholarships to our graduating teen volunteers. Now that's making a difference!

Healthwise:

Stop the Spread of Rumors

Know the facts about Coronavirus



Information provided by the Centers for Disease Control and Prevention

1. Diseases can make anyone sick regardless of their race or ethnicity. Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk of spreading the virus.
2. For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low. Some people may have an increased risk for more serious complications from COVID-19 and should take measures to protect themselves.
3. Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.
4. There are simple things you can do to help keep yourself and others healthy.

- wash your hands often with soap and water for at least 20 seconds
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol
Cover all surfaces of your hands and rub them together until they feel dry.
- avoid touching your eyes, nose, and mouth with unwashed hands.
- stay home when you are sick.
- cover you cough or sneeze with a tissue, then throw the tissue in the trash
- wear a mask when you are out in public
- maintain social distancing guidelines, put 6 feet of distance between yourself and people who don't live in your household.



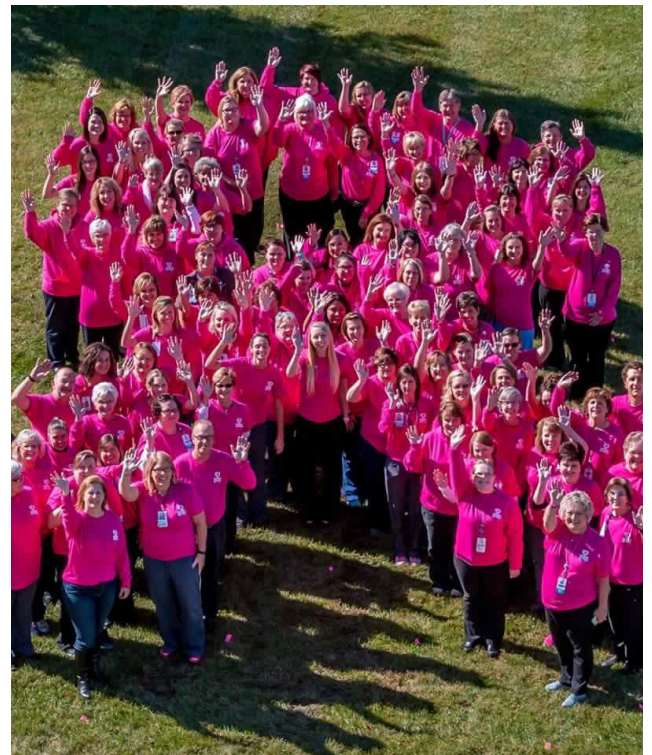
Pink Out 2020

by Courtney Kay, Volunteer Coordinator

October will be here before we know it and with that comes the annual Pink Out for breast health awareness at Jennie Edmundson. This years Pink Out festivities will look different as we continue to navigate events during COVID-19. We won't be hosting our annual "Bras vs. Boxers" event at Horseshoe Casino or doing the poker run with Loess Hills Harley Davidson. We will, however, continue our t-shirt sales and a Mayoral Proclamation for the city has been planned for October 9th. Our design is complete, color chosen and t-shirt sales have begun. The Jennie Volunteers will once again be listed as a sponsor on the back of the shirt.

One hundred percent of the proceeds from our shirt sales this year will help fund mammograms for women who are uninsured and/or under-insured. Jennie's Breast Health Center includes a dedicated and compassionate team to help facilitate tests, consultations, treatment and supportive services. We provide a strong support system to our patients and increase access to care to those who may not be as fortunate

For more information about ordering t-shirts please contact 396-6340. We appreciate your continued support of the Jennie Edmundson Foundation and MJEH patients!





933 East Pierce Street, Box 2C
Council Bluffs, IA 51502

Change Services Requested

Upcoming Flu Shot Clinics - yes it's that time of year again!

Flu shot clinics will be held on September 28th and 29th from 6:30 am - 7:00 pm, in the old Cardiac Rehab area directly across from the A/B elevator on first floor. The hospital will once again be utilizing the Pod Dispensing method, a technique used with emergency services. Because of the COVID-19 pandemic, reducing the spread of respiratory illness, like flu, this fall and winter is more important than ever. As volunteers you are eligible to participate in the flu clinic free of charge (even if you are not currently volunteering). Just bring your hospital issued ID badge with you when you come for your shot. Volunteers who work directly with patients are required to have a flu shot in order to work.

If you have any questions or wish to volunteer at the clinic please contact Courtney at 396-6341



New Name, Same Job!



You might have wondered who the Courtney Kay was writing some of the Ed articles. Well our very own Courtney Killion got married over the summer and has a new last name, Courtney Kay, pronounced K-EYE. Courtney and her husband, Mitch, were married on June 20th in a small outdoor service with immediate family in attendance. Courtney's 92 year old grandmother even served as her Maid of Honor! Congratulations Courtney!

